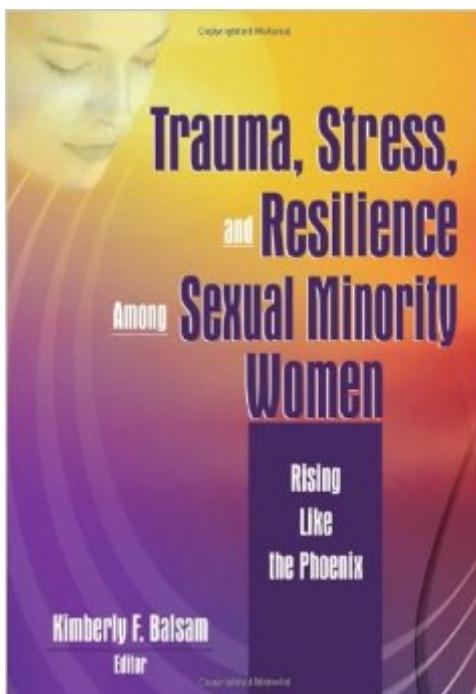


The book was found

# Trauma, Stress, And Resilience Among Sexual Minority Women: Rising Like The Phoenix



## Synopsis

Prevent victimization of sexual minority women by raising your awareness level! Trauma, Stress, and Resilience Among Sexual Minority Women: Rising Like the Phoenix is the first resource to examine trauma, violence, and stress as experienced by lesbian and bisexual women. You'll gain a better understanding of the stressors that these women experience, including the cultural/social trauma of living with homophobia and heterosexism as well as the individual traumas of verbal, physical, and sexual abuse. This book contains never-before-seen data that investigates the prevalence, impact, and meaning of traumatic experiences in the lives of sexual minority women. In Trauma, Stress, and Resilience Among Sexual Minority Women, top researchers use direct quotes and case examples to illustrate and personalize the emotional strain these women endure. Furthermore, they address constructive individual and community responses that promote resilience and healing. The information and strategies contained in this book will help sexual minority women, as well as the practitioners who serve them, understand and heal from the impact of individual and cultural trauma. This book will increase your knowledge of: developmental issues facing lesbian and bisexual youths the impact of sexual abuse history on the coming out process ethnic/racial differences in trauma among lesbian and bisexual women the prevalence and impact of traumatic experience among HIV+ lesbian and bisexual women the unique stressors facing African-American lesbians; and how they cope organized religion's approaches to homosexuality and how this impacts lesbian and bisexual women. Trauma, Stress, and Resilience Among Sexual Minority Women also shows how data on same-sex domestic violence and hate crimes can be gathered and used as a tool for social and political advocacy, bringing about positive changes that can improve the lives of many lesbian and bisexual women. This book is insightful reading for mental health, health, and social service professionals working with lesbian and bisexual clients or patients, and activists and individuals who work for organizations that serve the gay/lesbian/bisexual/transgender communities.

## Book Information

Hardcover: 160 pages

Publisher: Routledge; 1 edition (March 24, 2004)

Language: English

ISBN-10: 1560233060

ISBN-13: 978-1560233060

Product Dimensions: 0.5 x 6 x 8.5 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #2,218,091 in Books (See Top 100 in Books) #183 in Books > Gay & Lesbian > Nonfiction > Bisexuality #810 in Books > Textbooks > Social Sciences > Gay & Lesbian Studies #3998 in Books > Politics & Social Sciences > Social Sciences > Specific Demographics > Gay & Lesbian

[Download to continue reading...](#)

Trauma, Stress, and Resilience Among Sexual Minority Women: Rising Like the Phoenix Building Resilience to Trauma: The Trauma and Community Resiliency Models Vicarious Trauma and Disaster Mental Health: Understanding Risks and Promoting Resilience (Psychosocial Stress Series) Collective Trauma, Collective Healing: Promoting Community Resilience in the Aftermath of Disaster (Psychosocial Stress Series) ACT LIKE A LADY, THINK LIKE A MAN:By Steve Harvey:Act Like a Lady, Think Like a Man: What Men Really Think About Love, Relationships, Intimacy, and Commitment [Hardcover] 1st Edition By Rodney D. Phoenix, David R. Cagna, Charles F. Defreest: Stewart's Clinical Removable Partial Prosthodontics (Phoenix, Stewart's Clinical Removable Partial Prosthodontics) Fourth (4th) Edition Counselling Skills for Working with Trauma: Healing From Child Sexual Abuse, Sexual Violence and Domestic Abuse (Essential Skills for Counselling) Red Rising (The Red Rising Trilogy, Book 1) Emotional Sobriety: From Relationship Trauma to Resilience and Balance Treating Traumatic Stress in Children and Adolescents: How to Foster Resilience through Attachment, Self-Regulation, and Competency Promoting Emotional Resilience: Cognitive-Affective Stress Management Training Rise Like a Phoenix: The 12 Steps of Bankruptcy Caribbean Women at the Crossroads: The Paradox of Motherhood Among Women of Barbados, St Lucia and Dominica A Place Among the Stars--The Women of Star Trek Voyager: 22 Postcards Celebrating the Women of Starship Voyager! Complex PTSD and Developmental Trauma Disorder: How Childhood and Relationship Trauma Can Cause Anxiety and Depression in Adults (Transcend Mediocrity, Book 126) Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment (Norton Professional Book) Trauma-Attachment Tangle: Modifying EMDR to Help Children Resolve Trauma and Develop Loving Relationships Child Trauma Handbook: A Guide for Helping Trauma-Exposed Children and Adolescents Prehospital Trauma Life Support (NAEMT PHTLS, Basic and Advanced Prehospital Trauma Support)

[Dmca](#)